

COMMUNITY RESOURCE PACKET

****Last Updated 2/27/2020****

Community Resources

Murfreesboro Cold Patrol

800 Park Avenue Suite P Murfreesboro, TN 37129 ,(Across from the Experience)

Phone: (615)203-3828

HOTLINE: 615-434-COLD

For transportation/ access to local shelter during winter months or otherwise call the HOTLINE.

For Supplies needed to live in the elements while homeless call HOTLINE and make an appointment to come in.

If you want someone to do a welfare check on someone who may be experiencing homelessness, please call the HOTLINE.

For case management in gaining access to sustainable income, housing, insurance identification please call and make an appointment to meet with one of the outreach workers.

Last call for Grace

1012 memorial blvd. Murfreesboro, TN

Phone: (615)900-1786

Website: <http://lastcall4grace.org/> **OR** <https://www.facebook.com/LastCall4Grace>

- Weekly meals Wednesday and Friday
- Provides basic needs toilet paper, paper towels, dry goods, diapers, wipes, and when available clothing.

Salvation Army (Men and Families)

1137 W. Main St. Murfreesboro, TN

Phone: (615) 895-7071

(Shelter entrance is located on side street behind the career center/tech school)

Emergency Shelter

Short term Program that offers night lodging, showers, laundry and meals to homeless men, women and families for up to 30 days.

ALL persons entering shelter will be drug screened and subject to breathalyzer.

** Fill Out Application upon arrival for "Life Navigation Program" **

Coldest Nights(Open when temp is below 32*)

Men – located at First Baptist East Main st.

Women – Located at St. Paul's Episcopal

****NO CHILDREN****

Must be in the shelter by 9pm and out the next day by 7am

**Arrangements will be made with staff for late entry due to work/hospitalization/ or police intervention if notified.

The Journey Home

308 W. Castle (**Day Shelter ONLY**)

Open 6am-3pm (Follows school holiday and inclement weather schedule.)

Provides breakfast and lunch during the week.

Has two showers for men and One shower for women

Helps connect people with transitional housing

Local Meal Schedule

Monday:

Breakfast: 6:00 – 8:30am (*The Journey Home*)
Lunch: 11:00 – 12:45pm (*The Journey Home*)
Dinner: 5:00 (*The Salvation Army*)
5:30 (*The Journey Home*)

Tuesday:

Breakfast: 6:00 – 8:30am (*The Journey Home*)
Lunch: 11:00 – 12:45pm (*The Journey Home*)
Dinner: 5:00 (*The Salvation Army*)

Wednesday

Breakfast: 6 - 8:30am (*The Journey Home*)
Lunch: 11- 12:45pm (*The Journey Home*)
Dinner: 5:00pm (*The Salvation Army*)
6:00pm (*Last Call 4 Grace serves at Regal, Jackson, Motel Murfreesboro*)

Thursday

Breakfast: 6 - 8:30am (*The Journey Home*)
Lunch: 11- 12:45pm (*The Journey Home*)
Dinner: 5:00pm (*The Salvation Army*)

Friday

Breakfast: 6 - 8:30am (*The Journey Home*)
Lunch: 11- 12:45pm (*The Journey Home*)
Dinner: 5:00pm (*The Salvation Army*)
6:00pm (*Last Call 4 Grace serves at Regal, Jackson, Motel Murfreesboro*)

Saturday

Breakfast: 8:00am (*Last Call 4 Grace*)
9:00am (*True gospel Church, 1231 NW Broad St.*)
Lunch: 11:30 am (*The Journey Home*)
Dinner: 5:00pm (*The Journey Home*)
5:00pm (*The Salvation Army*)

Sunday

Breakfast: 9:00am (*Pavilion in front of Patterson Park*)
Lunch : *NO AVAILABLE MEAL*
Dinner: 5:00 (*The Salvation Army*)
5:30 (*The Journey Home, Hosted By volunteers*)

Medical in Murfreesboro

Primary Care and Hope Clinic

1435-Suite A, Hope Way (By New Vision Church)

Phone: (615)893-9390

Translation Services are available

Services include:

- Annual Physicals,
- Immunizations
- Women's Health Services
- Behavioral Health Services
- Healthcare for chronic illness(Diabetes, Hypertension, and High Cholesterol).
- Healthcare for minor injuries, including cuts, burns, and suture removal.
- Medication Information.

St. Louis Clinic

1020 N. highland Ave. Suite A, Murfreesboro, TN

Phone: (615)396-6620

Services include:

- Walk-in clinic
- Primary Care
- Obstetrics
- Gynecology
- Palliative Care
- OBGYN
- Help with prescriptions through HOPE clinic

Rutherford County Health Dept.

100 W. Burton St. Murfreesboro, TN

Phone: (615) 898-7880

Services include

- Breastfeeding promotion
- Child Medical services
- Diabetic education
- Paternity Acknowledgment
- Mens Health
- Sexually Transmitted Diseases (STD's)
- Tuberculosis

Income Based Housing (Not Owned by MHA)

Spring Valley Apartments

1400 Manor Dr., Murfreesboro, TN
Phone: (615)896-0840

Rolling Acres Apartments

1306 Eagle St., Murfreesboro, TN
Phone: (615)896-0840

Midtown Estates

104 Kings Hwy., Murfreesboro, TN
Phone: (615)896-2470

Imperial Gardens

1 Imperial Blvd., Smyrna, TN
Phone: (615)459-0999

Colony Square

500 Rock Springs Rd., Smyrna, TN
Phone: (615)459-2949

Westbrook Towers (62 & Over)

515 N. Walnut St., Murfreesboro, TN
Phone: (615)890-9862

AHEPA 343 Apartments (Elderly & Disabled)

121 Mason Cr., LaVergne, TN
Phone: (615) 793-4272

Other Housing at Reduced Rents
(Not Owned by MHA)

Country Place Apartments

400 Windellwood Cr., Smyrna, TN
Phone: (615)355-0192

Kingsridge Apartments

151 Kingsride, LaVergne, TN
Phone: (615) 793-5211

Meadowlawn Manor (Elderly & Disabled)

99 Nelson Cr., Smyrna, TN
Phone: (615) 459-8866

Pointe at Eastdale (55 & Older)

2011 Bradyville Rd., Murfreesboro, TN
Phone: (866) 302-2382

Other Housing Agencies

Mid-Cumberland Community Action

1406 Suite A. West College St. Murfreesboro, TN
Phone: (615) 893-8938

Community Helpers (Open Tues-Thurs.)

1809 Memorial Blvd. Suite A., Murfreesboro TN 37130
Phone: (615)898-0617

Tennessee Housing Development agency

Phone: (615) 564-1200

Rural Development (Home Purchase Programs)

Phone: (615) 783-1359

Habitat For Humanity (Home Purchase Program)

Phone: (615) 890-5877