



RUTHERFORD COUNTY INVITES YOU TO A
COMPLIMENTARY LUNCH AND LEARN:

FINANCIAL HEALTH IS YOUR OVERALL WEALTH

Come join us to learn about ways we can invest in our Financial Health. Ryan Marlin from Empower will guide you through some tips on how we can get ahead and stay confident in our financial freedom.

Along with this awesome knowledge, you can enjoy a delicious catered meal by Andreia Personal Touch Catering Services. (See pic below). I will send out menu details to all those that sign up.

Due to limited space, **you must sign up to reserve your spot.** [Please use the blue link below to sign up.](#) You will get a confirmation within 48hrs that will confirm your spot.

[Click Here to Sign Up for Lunch and Learn](#)

OR use QR code:



DETAILS:

LOCATION: Murfreesboro Health Department
100 West Burton Street
Murfreesboro, Tn 37130

(You must park in the back of the building and enter through the back double doors) If you have a problem, please call Lis Lovett at 615-648-7196

DATE/TIME:

THURSDAY, MAY 11TH

12PM-1PM (It will be about a 30-35min talk and then you can stay for questions if you want)

CONTACT LIS LOVETT YOUR WELL-BEING COORDINATOR FOR ANY QUESTIONS:
@ ELISABETH.LOVETT@CIGNAHEALTHCARE.COM/ 615-898-7715 EXT.7728

