

How to View Wellness Credits Earned

Step 1: Log in to your account at MyBenefitsChannel.com

- Enter your username and password and click the Log In button.

Step 2: Go to the Wellness Center

- Click the **Wellness Center icon** on the homepage. Next, click the **My Wellness Plan icon** from the options displayed in the wellness center.



Step 3: View Wellness Credits Earned

- The total number of wellness credits you have earned will be displayed in the Total fields. You can also click the link [Download Wellness Credit Details](#) to export a .CSV report of your credits earned.

