

Expanding the definition of virtual primary care

MDLIVE® Virtual Primary Care* appointments are available same-day, days, nights and weekends.

Preventive

- **Lab and imaging orders with appointment/reminder service**
- Risk assessment
- Preventive imaging orders
- Preventive health recommendations and education

Chronic Conditions

- Hypertension
- Type 2 diabetes and prediabetes
- High Cholesterol
- Obesity
- Thyroid Issues

Respiratory

- Asthma
- COPD
- Chronic bronchitis
- Tobacco Cessation

Women's and Men's Health

- Menopause and perimenopause
- Osteoporosis
- Some STIs
- Yeast Infections and UTI (female only)
- Prostate Cancer screenings
- Male infertility
- Hormone replacement therapy
- Birth control

Integrated Personalized Primary Care

- Menopause and perimenopause
- In-network, high-performing specialist referrals
- Consult summary notes can be shared with local PCP
- Medication management with prescriptions sent to preferred pharmacy (local or home delivery)
- Lab and imaging orders with appointment/reminder service
- Health tracking (blood pressure, blood glucose, weight)
- Personalized care plans and digital engagement between visits for chronic conditions



*Virtual primary care through MDLIVE is only available for Cigna Healthcare medical members aged 18 and older. Cigna Healthcare provides access to virtual care through national telehealth providers as part of your plan. This service is separate from your health plan's network and all services may not be available in all areas; subject to state regulations. Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company (Bloomfield, CT), Connecticut General Life Insurance Company, or their affiliates. In Utah, all products and services are provided by Cigna Health and Life Insurance Company (Bloomfield, CT). Policy forms: DE – HC-CER1 et al., ID – HC-CER24 et al., LA – HC-CER1 et al., MA – HC-CER108 et al., NY – HC-CER1 et al., OK – HC-CER1 et al., OR – HC-CER1 et al., SC – HC-CER1 et al., SD – HC-CER1 et al., TN – HC-CER1 et al., VT – HC-CER1 et al., WV – HC-CER1 et al., WY – HC-CER1 et al.

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